

# St. Agnes Catholic Community

1025 Masonic Ave. San Francisco, CA 94117 [www.SaintAgnesSF.com](http://www.SaintAgnesSF.com) 415.487.8560

Diverse  
Inclusive Jesuit



## Liturgy Schedule

Sunday: 8:30am	Saturday Vigil: 4:00pm
10:30am	Weekdays: 8:30am
6:00pm	Holy Days: 8:30am & 5:30pm

### Mission Statement

#### **We the people of Saint Agnes are:**

an inclusive urban community, rich in diversity of age, ethnicity, gender, orientation, culture, talent, & treasure; a faith community, enlivened and empowered through Baptism to celebrate and proclaim the presence of Christ among us.

#### **We declare to one and all that we commit ourselves to:**

grow spiritually as disciples of Christ to become men and women for others build community through hospitality, ecumenism and social & cultural events understand cultural differences and accept them as sources of enrichment give loving service & outreach to those in need promote social justice issues in our neighborhood and in the larger community of city, nation, and world.

**We pledge ourselves to be a light in the darkness through the love that we share in the name of Christ and through the power and guidance of the Holy Spirit.**

## September 22-23, 2018

Dear Parishioners,

I am happy to be back with you at St. Agnes after my three-month sabbatical. I must admit having an opportunity to change my schedule for that amount of time was great. As I left in June one of my goals was to make the 30-day retreat at the Jesuit Retreat Center (El Retiro) in Los Altos, California. The retreat center is one of the best kept secrets of the area. It is just a short drive from the city and affords such food for the soul. The grounds are simply beautiful with multiple opportunities for prayer with a labyrinth, walking trails marking the Station of the Cross, small prayer nooks and a simply beautiful chapel. I have been going there for shorter retreats now for 25 years. There is also one of the best religious books stores around.

My retreat began on June 13. I along with 17 other women and men of varying ages and life experiences settled in at the retreat house for 2 days of orientation before the actual retreat began. The two days presented an opportunity to get to know the other retreatants, the spiritual directors and to familiarize ourselves with the property, order of the day, times of meals and Mass and other practical things. The evening of Friday, June 15 after Mass at 8:00pm the retreat officially began, and we entered into silence.

Each retreatant has his or her own spiritual director to guide them through the Spiritual Exercises of St. Ignatius of Loyola. You are able to speak to your director at your daily meeting and respond to the prayers and sing the hymns at the daily Eucharistic celebration. The Spiritual Exercises are generally based on 4 weeks, but you are not held to a seven-day week as it is the Lord who is the director and the first week may take 8 days. Your spiritual director is listening carefully to how God is active and moving in your prayer. You are never alone.

So many people have mentioned to me that they don't think they could be silent for that amount of time. That is a great and worthy question. Just as we ease into physical exercise by walking, biking, swimming so to do we ease into the practice of prayer. Some type of daily prayer on a regular basis over time gives us a kind of stamina and that can be parlayed into a 5- or 8-day retreat. See how it goes. The point is the desire to be with the Lord and to be open to special gift that God wants to share with us.

The retreat concluded on July 15. There were 2 days of re-orientation back into our daily lives apart from the retreat. We had an opportunity to share our experiences with one another and attend Mass together. It's funny how in silence you really get to know people. I guess monks, cloistered nuns and other hermit types have known this for centuries. There is so much more to share but I am out of space. Thank you for praying for me.

*Frank Uraind*

# Parish Information

## Parish Staff & Ministries

<b>Pastor</b>	Fr. Ray Allender, S.J.
<b>Associate Pastor</b>	Fr. Joe Specht, S.J.
<b>Priest in Residence</b>	Fr. Joe Spieler, S.J.
<b>Priest in Residence</b>	Fr. Lourdu Mummadi, S.J.
<b>Priest in Residence</b>	Fr. Vincent Pereppadan, S.J.
<b>Director of Liturgy &amp; Music</b>	Frank Uranich
<b>Director of Operations &amp; Admin.</b>	Maureen Beckman
<b>Director of Children's Faith Formation &amp; Ignatian Spiritual Life Center</b>	Grace Salceanu
<b>Administrative Assistant</b>	Marco Matute
<b>Bookkeeper</b>	Cathy Collins
<b>Sexton</b>	Mario Hernandez
<b>Cantor</b>	Scott Grinthal
<b>Sacristans</b>	Frank Mitchell, Matthew Tominaga, Teri Bradshaw
<b>Altar Linens &amp; Vessels</b>	Nita Zarilla
<b>Art &amp; Environment</b>	Marilyn Thickett, Marco Matute
<b>Consolation Ministry</b>	Naomi Mayer
<b>Finance Committee Chair</b>	Chris Roman
<b>Food Pantry Director</b>	Stacey Shaffer
<b>St. Agnes &amp; St. Ignatius Comm. Food Bank</b>	Kathy Devine
<b>Funeral Ministry</b>	Jim Connor
<b>Gabriel Project</b>	Mary Alba
<b>Ignatian Spirituality Ministry</b>	Barbara Nelson
<b>Wedding Coordinator</b>	Shannon McMillen Evans
<b>Marriage Prep Classes</b>	Regina Lathrop & Bob Boguski
<b>Peanut Butter Brigade</b>	Marjorie Miles
<b>R.C.I.A.</b>	Cathy Collins
<b>Rita da Cascia</b>	Mary Lou & Kevin Johnson
<b>Young Adult</b>	<a href="mailto:YoungAdults@SaintAgnesSF.com">YoungAdults@SaintAgnesSF.com</a>

## Sept. 22 & 23 – 25<sup>th</sup> Sunday in Ordinary Time

*For your prayerful consideration,  
readings for next week:*

**Wisdom 2.12, 17-20•  
James 3.16-4.3 • Mark 9.30-37**

Date	Intention	Presider
<b>Sept. 22</b> 4:00 PM	Parishioners of St. Agnes	Fr. Joe Specht
<b>Sept. 23</b> 8:30 AM	Anastasia & John Mulvihill (D)	Fr. Joe Specht
<b>10:30 AM</b>	Julie Malaspina (D)	Fr. Joe Spieler
<b>6:00 PM</b>	Jean Kelly (D)	Fr. Joe Specht
<b>Sept. 24</b> 8:30 AM	Helen Allen (D)	Fr. Joe Specht
<b>Sept. 25</b> 8:30 AM	Joseph Kelly (D)	Fr. Lourdu Mummadi
<b>Sept. 26</b> 8:30 AM	Robert Kelly (D)	Fr. Vincent Pereppadan
<b>Sept. 27</b> 8:30 AM	Sr. Katie O'Shea (L)	Fr. Joe Spieler
<b>Sept. 28</b> 8:30 AM	Jean Kelly (D)	Fr. Joe Specht
<b>Sept. 29</b> 4:00 PM	Blek (D)	Fr. Ray Allender
<b>Sept. 30</b> 8:30 AM	Parishioners of St. Agnes	Fr. Tom Whelan
<b>10:30 AM</b>	Patricia Hurt (D)	Fr. Ray Allender
<b>6:00 PM</b>	John Monfredini (D)	Fr. Joe Specht

D = Deceased; L = Living

## New Parishioners

You are Home! Welcome to a great parish community! Please fill out a registration form found at the entrances to the church or stop by the rectory to add your name to our mailing list. All are welcome!

## Sacraments

Please contact the Parish Office for information about the following: Anointing of the Sick \* Baptism \* Children's Faith Formation & Liturgy of the Word \* Communion for the Homebound \* Marriage \* Rite of Christian Initiation for Adults.

## Children's Care during Liturgy

Care is provided for children 18 months through 5 years of age during the Sunday 10:30 AM Mass. Our Daycare Room is located across from the daily mass chapel. Parents with children under 18 months are welcome to use the daycare room as long as at least one parent stays with the child.

## Ignatian Spiritual Life Center

The Spiritual Life Center (1611 Oak Street) provides programs and services to the parish and larger faith community through educational programs, opportunities for prayer, and community events. Visit [www.IgnatianSpiritualLifeCenter.org](http://www.IgnatianSpiritualLifeCenter.org).

## Archdiocesan Victim's Assistance Coordinator

If you or someone you know has been a victim of sexual abuse; or you suspect sexual abuse, please call (415) 614-5506 for help.

## Reconciliation Schedule

Saturdays • 3pm – 3:45pm or by appointment

## Parish Office Hours

Monday – Friday: 9am to 4:30pm  
(Closed Noon-1pm for lunch)

Phone: 415-487-8560

Fax: 415-487-8575

## St. Agnes Stewardship

**Last Sunday Collection: \$3,873.70**

Last year: \$3307.45

4pm: \$1010; 8:30am: \$510; 10:30am: \$2176; 6pm: \$177.70

*Please consider EFT or PayPal donations*



**COMING SOON TO  
THE IGNATIAN SPIRITUAL LIFE CENTER**

1611 Oak Street

To RSVP for ISLC events contact Grace Salceanu at [Grace@SaintAgnesSF.com](mailto:Grace@SaintAgnesSF.com) or 415-487-8560 x225.  
[www.IgnatianSpiritualLifeCenter.org](http://www.IgnatianSpiritualLifeCenter.org)

**Pope Francis' September Prayer Intention**  
*"Young People in Africa"*

*"That young people in Africa may have access to education and work in their own countries."*

**Everything Happens for a Reason**  
*(And other Lies I've Loved)*

Thursday, Sept. 27, (new date)  
6-8pm

Join the ISLC Community in discussing *America Magazine's* book club choice for September: *Everything Happens for a Reason (And Other Lies I've Loved)* by Kate Bowler. It has been described as a "meditation on sense-making when there's no sense to be made." RSVP to [Grace@SaintAgnesSF.com](mailto:Grace@SaintAgnesSF.com). Limited copies of the book will be on sale at the rectory.

**Children's Liturgy of the Word Workshop**

Sunday, Sept. 23, 12-2pm

Learn how to lead Children's Liturgy of the Word during this engaging workshop with Rebecca Pelle. Rebecca Pelle is a lay minister who focuses on family faith formation and liturgy, working in parishes throughout the Diocese of Oakland for the last 15 years. She currently attends Corpus Christi parish in Piedmont. She uses the M.Div. she earned at the Jesuit School of Theology to write Children's Liturgy curriculum and glue together bible character puppets for the sessions. She is also the mother to three energetic children under age 6, who (mostly) behave themselves in church if promised donuts afterwards.

**Sanctuary Family Meals**



Support our sanctuary family with a home-cooked, well-balanced meal for six people. There are no dietary restrictions, and the kids are open to trying new things! We have current opportunities for Oct. 18; Nov. 1. Contact [Grace@SaintAgnesSF.com](mailto:Grace@SaintAgnesSF.com) for more details.

**Spiritual Direction at the ISLC**

The ISLC has a wonderful team of professional spiritual directors who are trained to provide you a one-on-one space to notice, reflect upon and savor how God works in your everyday life and in the world around you. If you are interested in learning more about this opportunity, please contact [Grace@SaintAgnesSF.com](mailto:Grace@SaintAgnesSF.com)

**Town Hall/Community Conversation**

**Wednesday, September 26 (new date)**

6 - 8:00pm, St. Agnes Church

Please Join St. Agnes and St. Ignatius Parishes for a Town Hall/ Community Conversation on **Wednesday, Sept. 26 (this is a date change from the bulletin last week) 6-8pm at St. Agnes church**. This will be an opportunity for us to talk and share about the abuse crisis in the Catholic Church. We will have facilitators for the discussion. No need to RSVP.

**Our Sanctuary Family Update**

This past summer, the children of our sanctuary family enjoyed attending a 10-day overnight summer camp with the Boys and Girls Club. They ate well, played hard and made new friends. The girls enjoyed camp so much that they enrolled in a second session! Now, the boys have joined a baseball team with parishioners, with one boy playing baseball and the other helping coach the team. The girls have been paired with a "Big Sister" from the parish, doing homework together, baking and going on outings. In addition, the family continues to be grateful for the homemade Thursday dinners that parishioners provide and for the ways that people have reached out for support. Thank you for all of your prayers, companionship, cooking and generous donations to the family!

**AAA 2018 - Help us Reach our Goal**

Raised: **\$32,650** (as of 9/18/2018); Need to still raise: **\$37,101** (by Dec. 31, 2018); Goal: **\$69,751**.

**September is Nametag Month**



September is nametag month at St. Agnes! Nametags are a St. Agnes tradition during the month of September so we all get a chance to become re-acquainted with each other after the summer break. It's also a great opportunity to introduce yourself to someone new at the parish as well!

**An Evening with Marty Brounstein**

*Author of Two Among the Righteous Few:*

*A Story of Courage in the Holocaust*

Tuesday, Sept. 25, 6-8:00pm, St. Thomas the Apostle School, 3801 Balboa St., SF

Join Author Marty Brounstein as he brings a true interfaith story of courage, compassion, and rescue about a Catholic couple in the Netherlands named Frans and Mien Wijnakker who saved the lives of over two dozen Jews during WW II. There will be a book signing after the presentation. All are welcome. For questions or more information, please call 415-221-2711.

## Parking in the Garage – We need every space!

Now that we are back from summer, please remember to **pull all the way forward** so we can utilize **every space** in the garage. If you need to leave early from Mass, or you are coming for CFF and not staying for Mass afterwards, try parking in the neighborhood, parishioners seem to be able to find parking if they need it. Thank you for your cooperation.



### ONGOING AT THE



### IGNATIAN SPIRITUAL LIFE CENTER

#### Monday, Holy Yoga, 7pm – 8pm

Join us Mondays for Slow Flow yoga. This will be a sacred time of using a slow flow yoga postures and breath work to ground into truth and set our focus for the week. We'll practice showing up as simply and honestly as we can manage so that our focus can shift from us to God, and we can begin to sense His grace (Matthew 6:6). All levels and abilities welcome. Please arrive 5-10min early to get settled in. All levels and abilities welcome. Please arrive 5-10 min.

#### Tuesday Morning Mindfulness 9am - 10am

Join us for an opportunity to use music, poetry & spiritual reading to meditate together, hold the prayers of our community and enjoy the gift of our presence to one another.

#### Thursday Morning Faith Sharing 9am - 10am

Each week, participants have the opportunity to reflect on how and where God has been working in their lives and the world and to share their insights with others in a safe and respected space. The morning begins with prayer, and then moves into silence and then into discussion.

#### Book Club

If you enjoy lively discussion over a glass of wine and tasty snacks, come join us! The Book Club meets monthly (Sept. – June) the last Friday of the month from 7:00 – 9:00pm.

#### *Lincoln in the Bardo*

by George Saunders  
Friday, September 28<sup>th</sup> at 7pm

#### *Fahrenheit 451*

By Ray Bradbury  
Friday, September 26<sup>th</sup> at 7pm

## Apostles Creed

I believe in God, the Father almighty,  
Creator of heaven and earth;  
And in Jesus Christ, his only Son, Our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell;  
on the third day he rose again from the dead;  
And ascended into heaven,  
And is seated at the right hand of God,  
the Father almighty;  
from there he will come to judge the  
living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church;  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## Stewardship Prayer

Lord and source of all gifts, I rejoice in the fullness of your generosity. I thank you for those whose lives are visible signs of your love and blessing to others. Give me the courage to do the same. Make me a good steward of all I have received generously sharing my time, abilities and material resources to build up your kingdom of love and justice. We ask this through Jesus Christ, in whom we begin and end all things. Amen.

## Prayer of St. Francis

*(Prayer for Peace)*

Lord, make me an instrument of your peace;  
where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
and where there is sadness, joy.  
O Divine Master, grant that I may not so much seek  
to be consoled as to console;  
to be understood, as to understand;  
to be loved, as to love; for it is in giving that we  
receive, it is in pardoning that we are pardoned, and  
it is in dying that we are born to Eternal Life. Amen