

St. Agnes Catholic Community

1025 Masonic Ave. San Francisco, CA 94117 www.SaintAgnesSF.com 415.487.8560

Diverse
Inclusive Jesuit



Liturgy Schedule

Sunday: 8:30am	Saturday Vigil: 4:00pm
10:30am	Weekdays: 8:30am
6:00pm	Holy Days: 8:30am & 5:30pm

Mission Statement

We the people of Saint Agnes are:

an inclusive urban community, rich in diversity of age, ethnicity, gender, orientation, culture, talent, & treasure; a faith community, enlivened and empowered through Baptism to celebrate and proclaim the presence of Christ among us.

We declare to one and all that we commit ourselves to:

grow spiritually as disciples of Christ to become men and women for others build community through hospitality, ecumenism and social & cultural events understand cultural differences and accept them as sources of enrichment give loving service & outreach to those in need promote social justice issues in our neighborhood and in the larger community of city, nation, and world.

We pledge ourselves to be a light in the darkness through the love that we share in the name of Christ and through the power and guidance of the Holy Spirit.

May 18 & 19, 2019

Dear Parishioners,

Centering Prayer has become a very helpful way of meeting God for many people. Our own Mary English offers sessions on this type of prayer in the Ignatian Spiritual Life Center (ISLC). Last January I made a centering contemplative retreat which was basically this form of prayer.

Let me explain how I do it. First, it is important to do it at the same time each day. My prayer period is usually around 7am. I set the timer on my phone for 30 minutes. Then I begin by slowly breathing in and out and becoming aware of body sensations like the feelings in my hands and back. After becoming relaxed it is time to be aware of God's presence – that God is looking at me. This is followed by a prayer of devotion. I like Ignatius of Loyola's Suscipe –

“Take, Lord receive my liberty, my heart memory, understanding, my entire will. You have given all to me, now I return it. Dispose of me according to your will. Give me only your love and grace. Your love and your grace are enough for me.”

It is now time to use a mantra, a word or phrase, in rhythm with my breathing. I use Je-sus. I just listen to the word. Then, I remain silent. I don't think or pray. I just remain silent. If I get caught up in thinking or praying, I go back to my mantra, to return to the silent mind.

I have been doing this once or twice a day since early January. It keeps me focused, centered. It brings serenity, acceptance and a deeper sense of God within. You might try it.

Raymond Allenby, S.J.

Parish Information

Parish Staff & Ministries

Pastor	Fr. Ray Allender, S.J.
Associate Pastor	Fr. Joe Specht, S.J.
Priest in Residence	Fr. Joe Spieler, S.J.
Priest in Residence	Fr. Lourdu Mummadi, S.J.
Priest in Residence	Fr. Vincent Pereppadan, S.J.
Director of Liturgy & Music	Frank Uranich
Director of Operations & Admin.	Maureen Beckman
Director of Children's Faith Formation & Ignatian Spiritual Life Center	Grace Salceanu
Administrative Assistant	Marco Matute
Bookkeeper	Cathy Collins
Sexton	Mario Hernandez
Cantor	Scott Grinthal
Sacristans	Frank Mitchell, Matthew Tominaga, Teri Bradshaw
Altar Linens & Vessels	Nita Zarilla
Art & Environment	Marilyn Thickett, Marco Matute
Consolation Ministry	Naomi Mayer
Finance Committee Chair	Chris Roman
Food Pantry Director	Stacey Shaffer
St. Agnes & St. Ignatius Comm. Food Pantry	Kathy Devine
Funeral Ministry	Jim Connor
Gabriel Project	Mary Alba
Ignatian Spirituality Ministry	Barbara Nelson
Wedding Coordinator	Shannon McMillen Evans
Marriage Prep Classes	Regina Lathrop & Bob Boguski
Peanut Butter Brigade	Marjorie Miles
R.C.I.A.	Cathy Collins
Rita da Cascia	Mary Lou & Kevin Johnson
Young Adult	YoungAdults@SaintAgnesSF.com

May 18 & 19 – 5th Sunday of Easter

*For your prayerful consideration,
readings for next week:*

**Acts 15.1-2, 22-29 •
Revelation 21.10-14, 22-23 • John 14.23-29**

Date	Intention	Presider
May 18 4:00 PM	Don & Virginia Snyder (D)	Fr. Tom Whelan
May 19 8:30 AM	Allen John Swan (D)	Fr. Joe Specht
10:30 AM	Michael Beckman (D)	Fr. Ray Allender
6:00 PM	Parishioners of St. Agnes	Fr. Ray Allender
May 20 8:30 AM	John Catalano (D)	Fr. Ray Allender
May 21 8:30 AM	Juan Mendez (D)	Fr. Lourdu Mummadi
May 22 8:30 AM	Catherine Marconi (D)	Fr. Joe Specht
May 23 8:30 AM	Diane Snyder (L)	Fr. Joe Specht
May 24 8:30 AM	Cathryn Brash (D)	Fr. Lourdu Mummadi
May 25 4:00 PM	Elsie Tom (D)	Fr. Joe Specht
May 26 8:30 AM	Joseph & Maria Moon (D)	Fr. Kevin O'Brien
10:30 AM	Frank Uranich (L)	Fr. Kevin O'Brien
6:00 PM	Parishioners of St. Agnes	Fr. Ray Allender

D = Deceased; L = Living

New Parishioners

You are Home! Welcome to a great parish community! Please fill out a registration form found at the entrances to the church or stop by the rectory to add your name to our mailing list. All are welcome!

Sacraments

Please contact the Parish Office for information about the following: Anointing of the Sick * Baptism * Children's Faith Formation & Liturgy of the Word * Communion for the Homebound * Marriage * Rite of Christian Initiation for Adults.

Children's Care during Liturgy

Care is provided for children 18 months through 5 years of age during the Sunday 10:30 AM Mass. Our Daycare Room is located across from the daily mass chapel. Parents with children under 18 months are welcome to use the daycare room as long as at least one parent stays with the child.

Ignatian Spiritual Life Center

The Spiritual Life Center (1611 Oak Street) provides programs and services to the parish and larger faith community through educational programs, opportunities for prayer, and community events. Visit www.IgnatianSpiritualLifeCenter.org.

Archdiocesan Victim's Assistance Coordinator

If you or someone you know has been a victim of sexual abuse; or you suspect sexual abuse, please call (415) 614-5506 for help.

Reconciliation Schedule

Saturdays • 3pm – 3:45pm or by appointment

Parish Office Hours

Monday – Fri

day: 9am to 4:30pm

(Closed Noon-1pm for lunch)

Phone: 415-487-8560

Fax: 415-487-8575

St. Agnes Stewardship

Last Sunday Collection: \$3,488

Last year: \$4,227.55

4pm: \$962; 8:30am: \$473; 10:30am: \$1794; 6pm: \$259

Catholic Charities Collection: \$2,161



COMING SOON TO THE IGNATIAN SPIRITUAL LIFE CENTER

1611 Oak Street

To RSVP for ISLC events contact Grace Salceanu at
Grace@SaintAgnesSF.com or 415-487-8560 x225.
www.IgnatianSpiritualLifeCenter.org

Pope Francis' May Prayer Intention

The Church in Africa, a Seed of Unity

"That the Church in Africa, through the commitment of its members, may be the seed of unity among her peoples and a sign of hope for this continent."

Support Capeltic Coffee

May 26 after 10:30 am Mass

The Ignatian Spiritual Life Center is partnering with Capeltic, a part of the Yomol A'tel, a consortium of cooperatives and other enterprises that have been working with the Jesuits of the Mexican province since 1958. Capeltic coffee is grown, harvested, roasted, and packaged by Indigenous Tseltal people from the Northern Jungle of Chiapas and sixty employees across Mexico. We will have coffee for purchase at the ISLC table on 5/26 after the 10:30am Mass. Contact Grace@SaintAgnesSF.com for more information.

Companions in Ignatian Service & Spirituality

Experience the rich prayer and sharing of this 10-month program Ignatian Companions based in service and Ignatian Spirituality. Applications are on the ISLC website and in the back of the church. Contact Marco@SaintAgnesSF.com, or (415)487-8560 x224 for more information.



Easter Season Flowers through Pentecost

You are invited to make a special gift to help defer the cost of flowers for the Easter Season. You may remember your loved ones by making a donation for flowers in their names. Last year's offering allowed us to beautify the church for our Triduum and Easter season liturgies. The Easter Season continues into June ending with Pentecost. Thank you for your generosity!



Memorial Day

In observance of Memorial Day, Monday May 27th, the offices of St. Agnes and the Spiritual Life Center will be closed. Thank you to all those who have served our country and who continue to serve.



Volunteer Opportunities at the Border

St. Agnes & St. Ignatius parish communities are responding to a need at the border by organizing volunteer groups to travel to El Paso and provide assistance at Annunciation House (our Alms-giving organization for Easter this year). Volunteers are urgently needed to help with all hospitality tasks - meals, laundry, cleaning, organizing clothes. Volunteers who speak Spanish help with intake, connecting migrants with their sponsors and making their travel arrangements. There will be several groups going from August through October. Thanks to the many who have already volunteered - more volunteers are welcome! **Please contact: Annette Lomont at Annette.Lomont@gmail.com if you are interested.**



Sanctuary Meals

Support our sanctuary family with a home-cooked, well-balanced meal for six people. There are no dietary restrictions, and the kids are open to trying new things! We have a current opportunity for **May 30th**. We ask that the food be delivered to the rectory at 1025 Masonic by 4pm the day of. Contact: Grace@SaintAgnesSF.com to sign-up for the 30th or another date.



Share Your Faith - Volunteer to Teach! Children's Faith Formation 2019-2020

The Children's Faith Formation program at St. Agnes is growing! St. Agnes is calling for additional catechists to share their love of God, the world and our faith with the children in our church. There are opportunities for leadership in Grades 1-3, 4-6, Confirmation and Children's Liturgy of the Word. Experience working with children, teaching and theological formation are highly recommended. Contact Grace@SaintAgnesSF.com



ONGOING AT THE



IGNATIAN SPIRITUAL LIFE CENTER

Monday Night Centering Prayer, 7pm

Centering Prayer becomes a weekly practice in the Ignatian Spiritual Life Center! Join us on the 1st and 3rd Mondays of the month at 7pm to deepen into this contemplative practice.



Contact Mary English at thecentering@comcast.net for more information.

Tuesday Morning Mindfulness, 9am - 10am



Join us for an opportunity to use music, poetry & spiritual reading to meditate together, hold the prayers of our community and enjoy the gift of our presence to one another.

Thursday Morning Faith-Sharing

We will be taking a summer break and will resume the **Thursday after Labor Day, September 5th**.

Have a wonderful summer!



Book Club

If you enjoy lively discussion over a glass of wine and tasty snacks, come join us! The Book Club meets monthly (Sept. - June) the **last Friday of the month at 7:00pm**.

Cannery Row

By John Steinbeck

May 31 @ 7pm

Apostles Creed

I believe in God, the Father almighty,
Creator of heaven and earth;
And in Jesus Christ, his only Son, Our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell;
on the third day he rose again from the dead;
And ascended into heaven,
And is seated at the right hand of God,
the Father almighty;
from there he will come to judge the
living and the dead.
I believe in the Holy Spirit,
the holy catholic Church;
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Stewardship Prayer

Lord and source of all gifts, I rejoice in the fullness of your generosity. I thank you for those whose lives are visible signs of your love and blessing to others. Give me the courage to do the same. Make me a good steward of all I have received generously sharing my time, abilities and material resources to build up your kingdom of love and justice. We ask this through Jesus Christ, in whom we begin and end all things. Amen.

Prayer of St. Francis

(Prayer for Peace)

Lord, make me an instrument of your peace;
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
O Divine Master, grant that I may not so much seek to
be consoled as to console;
to be understood, as to understand;
to be loved, as to love; for it is in giving that we
receive, it is in pardoning that we are pardoned, and
it is in dying that we are born to Eternal Life.
Amen