

# St. Agnes Catholic Community

1025 Masonic Ave. San Francisco, CA 94117 [www.SaintAgnesSF.com](http://www.SaintAgnesSF.com) 415.487.8560

Diverse  
Inclusive Jesuit



## Liturgy Schedule

Sunday: 8:30am	Saturday Vigil: 4:00pm
10:30am	Weekdays: 8:30am
6:00pm	Holy Days: 8:30am & 5:30pm

### Mission Statement

#### **We the people of Saint Agnes are:**

an inclusive urban community, rich in diversity of age, ethnicity, gender, orientation, culture, talent, & treasure; a faith community, enlivened and empowered through Baptism to celebrate and proclaim the presence of Christ among us.

#### **We declare to one and all that we commit ourselves to:**

grow spiritually as disciples of Christ to become men and women for others build community through hospitality, ecumenism and social & cultural events understand cultural differences and accept them as sources of enrichment give loving service & outreach to those in need promote social justice issues in our neighborhood and in the larger community of city, nation, and world.

**We pledge ourselves to be a light in the darkness through the love that we share in the name of Christ and through the power and guidance of the Holy Spirit.**

## March 9 & 10, 2019

Dear Parishioners,

As a child I always gave up my favorite for Lent—candy. Over the years I have changed; I no longer focus on “giving up.” Instead, it is a time to remember God’s goodness, grace and generosity—that the risen Christ lives among us and within each one of us. We are an Easter people, but we tend to forget. Lent is a time to remember with prayer, fasting and almsgiving.

Life is so hectic! Lent can be a time to create some space for prayer—unplug, tune out and turn off. Then listen to the silence. Take a few deep breaths and let yourself become aware of the presence of God. Relax your body. Take a walk or sit in the yard, breathe, be aware, listen and pray. We are all made in God’s love; let yourself become aware of God’s presence all around. Enjoy it for maybe 10 minutes every day. Prayer changes everything.

Fasting is another thing. “One does not live by bread alone but by every word that comes from the mouth of God.” Fasting means freedom. Freedom from all the things we think we are dependent upon in this world. Fasting is not punishment but healing. The childhood attitude of deprivation is not useful in fasting, thinking that we should keep the desire yet deny ourselves the enjoyment of what we desire. That attitude simply produces frustration, not freedom. Fasting is intended to release us from all the minutiae that we’re caught up in so that we can remember that we do actually live by God alone.

Fasting should be relaxing and letting go. Then some of that energy that holds us in bad habits is available for joy in life and love for others. Join fasting with prayer and there is more energy for love and happiness, then deeper prayer comes too which means more faith and then the whole thing grows exponentially—more love and happiness to share.

Here a few thoughts for fasting:

Fast from scornful words	Feast on kindness
Fast from complaining	Feast on appreciation
Fast from negatives	Feast on affirmatives
Fast from resentments	Feast on forgiveness
Fast from gossip	Feast on purposeful silence
Fast from anger	Feast on patience

Blessing on your Lenten journey,

*Cathy Collins*

# Parish Information

## Parish Staff & Ministries

<b>Pastor</b>	Fr. Ray Allender, S.J.
<b>Associate Pastor</b>	Fr. Joe Specht, S.J.
<b>Priest in Residence</b>	Fr. Joe Spieler, S.J.
<b>Priest in Residence</b>	Fr. Lourdu Mummadi, S.J.
<b>Priest in Residence</b>	Fr. Vincent Pereppadan, S.J.
<b>Director of Liturgy &amp; Music</b>	Frank Uranich
<b>Director of Operations &amp; Admin.</b>	Maureen Beckman
<b>Director of Children's Faith Formation &amp; Ignatian Spiritual Life Center</b>	Grace Salceanu
<b>Administrative Assistant</b>	Marco Matute
<b>Bookkeeper</b>	Cathy Collins
<b>Sexton</b>	Mario Hernandez
<b>Cantor</b>	Scott Grinthal
<b>Sacristans</b>	Frank Mitchell, Matthew Tominaga, Teri Bradshaw
<b>Altar Linens &amp; Vessels</b>	Nita Zarilla
<b>Art &amp; Environment</b>	Marilyn Thickett, Marco Matute
<b>Consolation Ministry</b>	Naomi Mayer
<b>Finance Committee Chair</b>	Chris Roman
<b>Food Pantry Director</b>	Stacey Shaffer
<b>St. Agnes &amp; St. Ignatius Comm. Food Pantry</b>	Kathy Devine
<b>Funeral Ministry</b>	Jim Connor
<b>Gabriel Project</b>	Mary Alba
<b>Ignatian Spirituality Ministry</b>	Barbara Nelson
<b>Wedding Coordinator</b>	Shannon McMillen Evans
<b>Marriage Prep Classes</b>	Regina Lathrop & Bob Boguski
<b>Peanut Butter Brigade</b>	Marjorie Miles
<b>R.C.I.A.</b>	Cathy Collins
<b>Rita da Cascia</b>	Mary Lou & Kevin Johnson
<b>Young Adult</b>	<a href="mailto:YoungAdults@SaintAgnesSF.com">YoungAdults@SaintAgnesSF.com</a>

## March 9 and 10 – 1st Sunday of Lent

*For your prayerful consideration,  
readings for next week:*  
**Genesis 15.5-12, 17-18 •  
Philippians 3.17-4.1 • Luke 9.28b-36**

Date	Intention	Presider
<b>March 9</b> 4:00 PM	Raymond R. Rosario (D)	Fr. Joe Spieler
<b>March 10</b> 8:30 AM	Parishioners of St. Agnes	Fr. Joe Specht
<b>10:30 AM</b>	Loyola Guild Members (L)	Fr. Russ Roide
<b>6:00 PM</b>	Corazon Leano (D)	Fr. Joe Spieler
<b>March 11</b> 8:30 AM	Lee Shaffer (D)	Fr. Lourdu Mummadi
<b>March 12</b> 8:30 AM	Casimir Pokorny (D)	Fr. Lourdu Mummadi
<b>March 13</b> 8:30 AM	Bob Libadia (D)	Fr. Vincent Pereppadan
<b>March 14</b> 8:30 AM	Fr. Ray Allender (L)	Fr. Joe Spieler
<b>March 15</b> 8:30 AM	Michael Sharff (D)	Fr. Joe Specht
<b>March 16</b> 4:00 PM	Don & Virginia Snyder (D)	Fr. Donal Godfrey
<b>March 17</b> 8:30 AM	Joseph & Maria Moon (D)	Fr. Joe Specht
<b>10:30 AM</b>	Parishioners of St. Agnes	Fr. Donal Godfrey
<b>6:00 PM</b>	George, Ersilia & Charles Debono (D)	Fr. Tom Whelan

D = Deceased; L = Living

## New Parishioners

You are Home! Welcome to a great parish community! Please fill out a registration form found at the entrances to the church or stop by the rectory to add your name to our mailing list. All are welcome!

## Sacraments

Please contact the Parish Office for information about the following: Anointing of the Sick \* Baptism \* Children's Faith Formation & Liturgy of the Word \* Communion for the Homebound \* Marriage \* Rite of Christian Initiation for Adults.

## Children's Care during Liturgy

Care is provided for children 18 months through 5 years of age during the Sunday 10:30 AM Mass. Our Daycare Room is located across from the daily mass chapel. Parents with children under 18 months are welcome to use the daycare room as long as at least one parent stays with the child.

## Ignatian Spiritual Life Center

The Spiritual Life Center (1611 Oak Street) provides programs and services to the parish and larger faith community through educational programs, opportunities for prayer, and community events. Visit [www.IgnatianSpiritualLifeCenter.org](http://www.IgnatianSpiritualLifeCenter.org).

## Archdiocesan Victim's Assistance Coordinator

If you or someone you know has been a victim of sexual abuse; or you suspect sexual abuse, please call (415) 614-5506 for help.

## Reconciliation Schedule

Saturdays • 3pm – 3:45pm or by appointment

## Parish Office Hours

Monday – Friday: 9am to 4:30pm  
(Closed Noon-1pm for lunch)

Phone: 415-487-8560

Fax: 415-487-8575

## St. Agnes Stewardship

**Last Sunday Collection: \$4,233.60**

Last year: \$4237.98

4pm: \$1120; 8:30am: \$836; 10:30am: \$1709.60; 6pm: \$568

*Please consider EFT or PayPal donations*



**COMING SOON TO  
THE IGNATIAN SPIRITUAL LIFE CENTER**

1611 Oak Street

To RSVP for ISLC events contact Grace Salceanu at  
[Grace@SaintAgnesSF.com](mailto:Grace@SaintAgnesSF.com) or 415-487-8560 x225.

[www.IgnatianSpiritualLifeCenter.org](http://www.IgnatianSpiritualLifeCenter.org)

[Pope Francis' March Prayer Intention](#)

Recognition of the Right of Christian Communities

*"That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected."*

[St. Agnes Men's Group](#)

Tuesday, March 12, 8 – 9:30pm; ISLC

Join men from St. Agnes as they discuss spirituality and balance. RSVP to Doug Conover: [dougconover@yahoo.com](mailto:dougconover@yahoo.com).

[Rainbows Not Walls: A Bay Area Forum  
Supporting Transgender Immigrants](#)

Wednesday, March 13, 6 – 8pm; Congregation Sha'ar Zahav  
(290 Dolores St., SF)

Join St Agnes and other faith communities to hear more how you can help welcome transgender members of Migrant Caravan already here and those on their way to San Francisco. Find out how congregations, community groups and individuals can help provide sponsorship, accompaniment and vital resources so that other members of the Migrant Exodus can be immediately released from ICE detention.

[Lenten Prayer Series: Conversations of the Heart](#)

March 20, 27; April 3; 7pm – 9pm, ISLC

Do you long for a way of relating to God that is more personal, real, and meaningful? These 3 evenings of prayer for young adults and adults are facilitated by members of St. Agnes Church and Fr. Tri Dinh, SJ. Each session includes an interactive presentation, guided prayer, and heartfelt conversations with practical applications for daily life. While it is highly encouraged to attend all three nights, it is not required. The event is co-sponsored by Christus Ministries. RSVP to [Grace@SaintAgnesSF.com](mailto:Grace@SaintAgnesSF.com).

[Encounter: Reflections from the Border](#)

Saturday, March 30, 6pm Fromm Hall, Maier Room, USF

On January 9-13, a group of parishioners participated in a delegation to the border in El Paso, TX and in Juarez, Mexico facilitated by the Encuentro Project, a ministry co-sponsored by the Jesuits in El Paso, and in partnership with the Ignatian Solidarity Network. If you missed the presentation at St. Agnes, come to the encore. RSVP to Devi: [devikane1@gmail.com](mailto:devikane1@gmail.com)

**125th Anniversary  
Events & Happenings**



[Gala Dinner Tickets are Going Fast!](#)

[Sales Online \(SaintAgnesSF125.com\)](#) and after Mass

April 6<sup>th</sup> @ 6pm (Marine's Memorial, SF)

Tickets, tables and sponsorships are available for purchase online and after Mass. **Single tickets are \$135, Sponsored tables start at \$2,500 and up (You can also make a donation!)** Once again, we will be offering **"Angel Tickets"** for anyone/family in which cost is a burden. Contact [Maureen@SaintAgnesSF.com](mailto:Maureen@SaintAgnesSF.com) for more information. Also, the **Re-Dedication Mass will be Sunday, April 7, 10:30am**, all are welcome!

[Auction Items Needed](#)

We are still looking for unique items such as jewelry, gift cards, or experiences. Thank you to those of you who have given already, we have several items such as **beautiful vacation homes (domestic and abroad) jewelry, leather goods, wine, etc.** For more information stop by the table after Mass or contact **Ruth Mitchell** at [rfmitch@pacbell.net](mailto:rfmitch@pacbell.net) or 415.661-9104.

[125<sup>th</sup> Anniversary Speaker Series](#)

Thursday, March 28, 6:30pm; ISLC

*"Neuroscience and Well-Being:*

*How Spirituality Affects Our Health and DNA"*

Join **Anne Kertz Kernion** in this engaging discussion on how our spiritual habits affect our physical, psychological and emotional health in a variety of ways. We'll look at specific ways to bring meditation, mindfulness, gratitude, community, and compassion into our daily lives, bringing many positive outcomes. **RSVP to [Grace@SaintAgnesSF.com](mailto:Grace@SaintAgnesSF.com)**

[Our Spiritual Journey:](#)

[An Afternoon Retreat with Dave Richo](#)

March 24, 12-4pm (ISLC)

Join the non-profit - Healing Well and explore our inherited and sometimes child-like understanding of life's questions, committing to the "More Than We Are" and to co-creating a world that is "More Than It Is Now." Space is limited. Please RSVP by contacting The Healing WELL: Phone: (415)500-2099, Email: [support@healingwellsf.org](mailto:support@healingwellsf.org).

## Urgent Need for Volunteer at Annunciation House Shelter – El Paso, TX

The Justice Conference of Women Religious has issued a call from Annunciation House in El Paso for volunteers (lay and religious) at a shelter for immigrants. Join St. Agnes parishioner, Sr. Laetitia Bordes, from March 29 to April 7<sup>th</sup> or you can volunteer anytime that works for you! They are asking for a 2-week or more commitment if possible. Contact Sr. Laetitia at [laetitiabordes@att.net](mailto:laetitiabordes@att.net) for more information.

## ‘The Light is on for You’: All Parishes Have Tuesday Night Confessions During Lent, 6 – 8pm, (St. Agnes Rectory)

St. Agnes and all of the Churches throughout the SF Diocese will have confessions every **Tuesday nights during Lent, 6 - 8pm**. Here at St. Agnes, we will have confessions in the **Rectory** (1025 Masonic Ave.). Ring the doorbell and you will be welcomed in.



### ONGOING AT THE IGNATIAN SPIRITUAL LIFE CENTER

#### Tuesday Morning Mindfulness 9am - 10am

Join us for an opportunity to use music, poetry & spiritual reading to meditate together, hold the prayers of our community and enjoy the gift of our presence to one another.

#### Thursday Morning Faith Sharing 9am - 10am

Each week, participants have the opportunity to reflect on how and where God has been working in their lives and the world and to share their insights with others in a safe and respected space. The morning begins with prayer, and then moves into silence and then into discussion.

#### Book Club

If you enjoy lively discussion over a glass of wine and tasty snacks, come join us! The Book Club meets monthly (Sept. – June) the last Friday of the month at 7:00pm.

#### *The Line Becomes a River: Dispatches from the Border*

By Francisco Cantú  
March 29 @ 7pm

#### *The Music Shop*

By Rachel Joyce  
April 26 @ 7pm

## Apostles Creed

I believe in God, the Father almighty,  
Creator of heaven and earth;  
And in Jesus Christ, his only Son, Our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell;  
on the third day he rose again from the dead;  
And ascended into heaven,  
And is seated at the right hand of God,  
the Father almighty;  
from there he will come to judge the  
living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church;  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## Stewardship Prayer

Lord and source of all gifts, I rejoice in the fullness of your generosity. I thank you for those whose lives are visible signs of your love and blessing to others. Give me the courage to do the same. Make me a good steward of all I have received generously sharing my time, abilities and material resources to build up your kingdom of love and justice. We ask this through Jesus Christ, in whom we begin and end all things. Amen.

## Prayer of St. Francis

(Prayer for Peace)

Lord, make me an instrument of your peace;  
where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
and where there is sadness, joy.  
O Divine Master, grant that I may not so much seek to  
be consoled as to console;  
to be understood, as to understand;  
to be loved, as to love; for it is in giving that we  
receive, it is in pardoning that we are pardoned, and  
it is in dying that we are born to Eternal Life. Amen